

English IRC 17

Mens 40-49 Hwt

2000m

Results taken from the following races: Race 2, Race 16

<i>Rank</i>	<i>Competitor</i>					<i>Finish Time</i>	
1	Sam Blythe M40-49H					06:03.4	Fitness Matters Indoor Ro
	500m	01:29.5	01:29.5	0.0	1		
	1000m	03:00.9	01:31.4	0.0	1		
	1500m	04:32.8	01:31.9	0.0	1		
	2000m	06:03.4	01:30.7	0.0	1		
2	James Thomson M40-49H					06:19.5	Royal Navy
	500m	01:33.5	01:33.5	+4.0	3		
	1000m	03:08.9	01:35.4	+8.0	2		
	1500m	04:44.3	01:35.4	+11.5	2		
	2000m	06:19.5	01:35.2	+16.1	2		
3	Stuart Bleasdale M40-49H					06:20.6	Gambaru Fitness Harroga
	500m	01:35.3	01:35.3	+5.8	7		
	1000m	03:11.0	01:35.7	+10.1	5		
	1500m	04:45.8	01:34.8	+13.0	3		
	2000m	06:20.6	01:34.9	+17.2	3		
4	Darran Hoare M40-49H					06:20.8	Royal Navy
	500m	01:35.1	01:35.1	+5.6	6		
	1000m	03:10.7	01:35.6	+9.8	4		
	1500m	04:46.1	01:35.4	+13.3	4		
	2000m	06:20.8	01:34.7	+17.4	4		
5	John Davies M40-49H					06:21.3	MAD TEAM IRC
	500m	01:33.3	01:33.3	+3.8	2		
	1000m	03:11.3	01:38.0	+10.4	7		
	1500m	04:48.4	01:37.1	+15.6	7		
	2000m	06:21.3	01:32.8	+17.9	5		
6	Tom Blythe M40-49H					06:22.3	Royal Navy
	500m	01:34.9	01:34.9	+5.4	=4		
	1000m	03:11.1	01:36.2	+10.2	6		
	1500m	04:47.2	01:36.1	+14.4	6		
	2000m	06:22.3	01:35.2	+18.9	6		
7	Stewart Moss M40-49H					06:23.1	Royal Navy
	500m	01:34.9	01:34.9	+5.4	=4		
	1000m	03:10.6	01:35.7	+9.7	3		
	1500m	04:46.2	01:35.6	+13.4	5		
	2000m	06:23.1	01:36.8	+19.7	7		
8	Jim Hyde M40-49H					06:25.2	Royal Navy
	500m	01:36.3	01:36.3	+6.8	9		
	1000m	03:13.6	01:37.3	+12.7	8		
	1500m	04:50.8	01:37.2	+18.0	8		
	2000m	06:25.2	01:34.4	+21.8	8		

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9	Alex Doidge M40-49H					06:27.0	SUB7 IRC
	500m	01:37.2	01:37.2	+7.7	10		
	1000m	03:14.7	01:37.5	+13.8	9		
	1500m	04:52.1	01:37.4	+19.3	9		
	2000m	06:27.0	01:35.0	+23.6	9		
10	Dan Edwards M40-49H					06:41.0	YORK
	500m	01:38.3	01:38.3	+8.8	11		
	1000m	03:19.2	01:40.9	+18.3	11		
	1500m	04:59.4	01:40.2	+26.6	10		
	2000m	06:41.0	01:41.6	+37.6	10		
11	Phil Peake M40-49H					06:48.1	Live Life Light Gym
	500m	01:36.1	01:36.1	+6.6	8		
	1000m	03:15.7	01:39.6	+14.8	10		
	1500m	04:59.5	01:43.8	+26.7	11		
	2000m	06:48.1	01:48.6	+44.7	11		
12	Stephen Carr M40-49H					06:58.8	Sub7 irc
	500m	01:45.3	01:45.3	+15.8	14		
	1000m	03:30.4	01:45.1	+29.5	14		
	1500m	05:15.1	01:44.7	+42.3	13		
	2000m	06:58.8	01:43.7	+55.4	12		
13	Pete Edkins M40-49H					06:59.7	Fitness matters
	500m	01:41.0	01:41.0	+11.5	12		
	1000m	03:23.9	01:42.9	+23.0	12		
	1500m	05:09.3	01:45.4	+36.5	12		
	2000m	06:59.7	01:50.4	+56.3	13		
14	David Marks M40-49H					07:04.9	Paddy Power IRC
	500m	01:48.9	01:48.9	+19.4	17		
	1000m	03:36.1	01:47.2	+35.2	16		
	1500m	05:22.3	01:46.2	+49.5	16		
	2000m	07:04.9	01:42.6	+1:01.5	14		
15	Scott Pearson M40-49H					07:05.5	London
	500m	01:43.8	01:43.8	+14.3	13		
	1000m	03:29.3	01:45.5	+28.4	13		
	1500m	05:17.4	01:48.1	+44.6	14		
	2000m	07:05.5	01:48.1	+1:02.1	15		
16	Chris Wordsworth M40-49H					07:06.2	Thirsk
	500m	01:47.2	01:47.2	+17.7	15		
	1000m	03:32.8	01:45.6	+31.9	15		
	1500m	05:18.8	01:46.0	+46.0	15		
	2000m	07:06.2	01:47.3	+1:02.8	16		

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17	David Barber M40-49H				07:28.3	Basingstoke
	500m	01:47.9	01:47.9	+18.4	16	
	1000m	03:38.9	01:51.0	+38.0	17	
	1500m	05:34.5	01:55.6	+1:01.7	17	
	2000m	07:28.3	01:53.9	+1:24.9	17	