

Concept2 League For Schools **Rounds**

2012/2013 ROUND DETAILS

Month/Round	Fours - Distance/Time	Eights - Distance/time	Entries Close (11pm)
September	500m 4 x 125m	1,000m 8 x 125m	14th October 2012
October	800m 4 x (2 x 100m)	1,600m 8 x (2 x 100m)	18th November 2012
November	1,000m 4 x 250m	2,000m 8 x 250m	20th December 2012
January	4 minutes 4 x (2 x 30 sec)	8 minutes 8 x (2 x 30 sec)	3rd February 2013
February	6 minutes 4 x (2 x 45 sec)	12 minutes 8 x (2 x 45 sec)	9th March 2013
March	8 minutes 4 x (4 x 30 sec)	16 minutes 8 x (4 x 30 sec)	20th April 2013

There are **6** monthly rounds in the season and you decide how often you compete. Compete across all months to try to become the Concept2 League Champion, enter several months or try it out for just one month. The choice is yours!

The distance or time is written to describe how far or how long each member of the team must row for. For example 2,000m - 4 x (2 x 250m) means that each competitor must complete 250m for the team twice.



enter your results online at: www.concept2.co.uk/league

