C.R.A.S.H.-B. Sprints 2012

Sunday February 19, 2012 (sponsored by Concept2)

All adaptive events are 1000 meters

Event Registration Deadline: January 15, 2012 (midnight, EST)

Adaptive Athlete Application

Entries

Open to the first 96 entries received. Cost: \$25.00 per entry (students in high school and college \$20.00 per entry)

Location: Agganis Arena, Boston, MA (see link for directions, transportation, etc.) http://www.bu.edu/agganis/index.html

Additional specific information regarding race weekend and race day will be available on the www.crash-b.org web site.

Classification

Athletes are NOT required to be officially FISA adaptive classified to participate in any 2012 C.R.A.S.H.-B. adaptive event. Adaptive athletes are asked to read and understand the definitions (see below, page 2) of the various events and to compete in the appropriate event based on competitor's best personal knowledge of him/herself and the race event descriptions.

Events

There will be 26 adaptive events to choose from. Adaptive athletes will be able to enter only one of the 26 events.

Age restrictions for Juniors

Junior participants must be under the age of 19 for the calendar year, that is have been born on or after January 1, 1994, and prior to February 20, 1998. No participants under the age of 14 on race day are allowed to enter.

Definitions of C.R.A.S.H.-B. Adaptive Events:

- **FES (FES stands for Functional Electrical Stimulation**.) FES technology allows paraplegic athletes to stimulate paralyzed leg muscles. The rowers can control their legs by pressing a button on the rowing machine handle, which then transmits electrical impulses through electrodes to the nerves controlling their leg muscles. This way a rhythm between their stroke action and leg movements can be maintained. Prior experience and training with this system is required for this event.
- **AS (Arms and Shoulders)** This event is for athletes who have minimal or no trunk function and minimal or no use of their legs. These athletes would likely have poor sitting balance. The AS rower is not able to use the sliding seat and would use a fixed seat adaptation for the rowing ergometer and be required to wear straps securing both the lap and the upper trunk.
- **TA (Trunk and Arms)** This event is for the athletes who have functional use of the trunk and minimal or no use of their legs. The TA athlete would also not be able to use a sliding seat and would use the fixed seat adaptation. This athlete would be required to use one strap on the lap area.
- LTA (V) (Leg Trunk and Arms blind or visually impaired) This event is for athletes who have functional use of their legs trunk and arms. They are able to use the standard sliding seat of the rowing ergometer and would not be required to wear any supportive straps. These athletes are blind or visually impaired.
- **LTA (I) (Leg Trunk and Arms Intellectually disabled)** This event is for athletes who have functional use of their legs trunk and arms. They are able to use the standard sliding seat of the rowing ergometer and would not be required to wear any supportive straps. These athletes are intellectually disabled.
- LTA (AK) (Leg Trunk and Arms Single Leg, Above the Knee Amputee) This event is for athletes who have functional use of their legs trunk and arms. They are able to use the standard sliding seat of the rowing ergometer and would not be required to wear any supportive straps. These athletes have a single leg above the knee amputation.
- **LTA (P) (Leg Trunk and Arms Physically Disabled)** This event is for athletes who have functional use of their legs trunk and arms. They are able to use the standard sliding seat of the rowing ergometer and would not be required to wear any supportive straps. These athletes have one or more forms of physical disability that are not listed above, including, but not limited to neuro-muscular related ailments.

The C.R.A.S.H.-B. Sprints Adaptive registration is a 2-step process:

2. Fill out this 2-page Adaptive A	A.S.HB. Sprints online at www.crash-b.org Athlete Application and Photo Release and return them 888-4791 or email markm@concept2.com
First Name	Last Name
Gender: Male/Female Da	ate of Birth (mm/dd/yyyy)
	ave been born on or after January 1, 1994, and prior to ants under the age of 14 on race day are allowed to enter.
Select Event: (Circle One)	
	LTA (V) Junior Women (14-18yrs) LTA (I) Open Men LTA (I) Open Women LTA (I) Junior Men (14-18yrs) LTA (I) Junior Women (14-18yrs)) LTA (AK) Open Men LTA (AK) Open Women LTA (AK) Junior Men (14-18yrs) LTA (P) Open Men LTA (AK) Junior Women (14-18yrs) LTA (P) Open Women LTA (P) Junior Men (14-18yrs) LTA (P) Junior Men (14-18yrs) LTA (P) Junior Women (14-18yrs)
Address (line 2)	
City	State/Prov Zip/Postal Code
	Cell # race weekend
email address	
Parent or Guardian (if intellectua	
Emergency Contact	
Contact's race day cell	

Adaptive Athlete Equipment Checklist (Please return this form with your application)

Concept2 Ergometers will be provided along with a limited number of fixed seats. We ask that athletes using a fixed seat bring his/her own if at all possible. Name _____ email _____ Assistance: You must be able to compete with 1 official coxswain/timer. Unless an emergency arises, the remainder of your support team must remain outside the competition area until you have completed your row. Fixed Seat: (Check One) I do NOT need a fixed seat I am supplying my own fixed seat I need to borrow a fixed seat Other Equipment: (Check One) I am supplying all other equipment I am requesting the following be supplied at the event Chest Strap Lap Strap Other Strap(s) Foam Padding Grip Aid Gloves other (please specify): Describe any additional information you wish to provide to the event planners regarding your race.

Adaptive Athlete Photo Release

E-MAIL: indoorracing@concept2.com

I hereby give permission to Concept2 Inc. and/or Concept2 CTS, Inc. to use any still photographs, video images or audio recordings taken of me during the competition known as the C.R.A.S.H.-B. Sprints in any written account, broadcast, telecast or promotional advertisement of this event for any legitimate purpose.

In giving this permission, I release Concept2 Inc. and Concept2 CTS Inc. from liability for any violation of any personal or proprietary right I may have in connection with such reproduction or use.

Name (please print):
Signature:
Date:
Guardian's Consent
I am the parent or guardian of the minor named below, and have the legal authority to execute the above consent and release. I approve the foregoing and waive any rights in the premises.
Date:
Name of minor (please print):
Guardian's name (please print):
Guardian's signature:
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