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| MONTH | CHALLENGE | DISTANCE/TIME | ENTRIES CLOSE (11pm) |
|-----------|------------------------------|-----------------|----------------------|
| September | O'Neill Fitness Test | 4 mins | 1st October |
| October | One Mile | 1,609m | 1st November |
| November | Joe Simpson Challenge | 6,344m | 1st December |
| December | Greg Searle Challenge | 5,000m | 1st January |
| January | Gut Buster | 10,000m | 1st February |
| February | Classic Indoor Race Distance | 2,500m | 1st March |
| March | Olympic Race Distance | 2,000m | 1st April |
| April | Boat Race Record | 16 mins 19 secs | 1st May |
| May | Sprint Finish | 500m | 1st June |

We're running with the age categories: <16, <18, <20, 20+, 30+, 40+, 50+, 60+, 70+

Want to know more?

Simply visit concept2.co.uk/challengeseries



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