



Event Information

Date: Sunday 25th March 2012
Venue: Nottingham Uni Sport Centre
Doors Open: 7:30am

Weigh-in Starts: 8:40am
Racing Starts: 9:20am
Last Race: 5:00pm

The Venue

The Nottingham University Sport Centre is located on the University Park campus on University Boulevard (centre of the map below - post code NG7 2RD).

Catering at the venue is limited - feel free to bring your own food and drink.

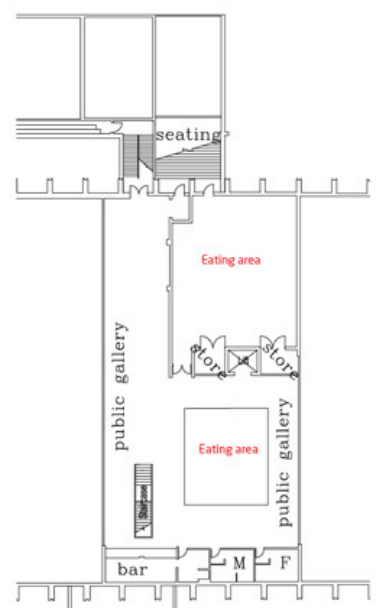
Entry for spectators is free , so bring as many supporters as you can!

INSIDE THE SPORTS CENTRE

Ground floor



First floor



Competitor Information

Registration

The Venue opens at 7:30am. All competitors can register at any time but should do so no less than 60 minutes before their race. Registration will take place from 7:30am on the main concourse. When you register you will receive your registration card and a bottle of water. The registration card is very important - do not lose it. On one side of your registration card is a medical questionnaire - you MUST complete the questionnaire before you race. Your competitor information will be colour coded on the registration card, this colour corresponds to the different race systems and will become obvious when you enter the race floor.

Lightweight Weigh-In

In addition to registering, all lightweight competitors must weigh-in. The weigh-in area is located next to the registration. You can register any time (see above) but must weigh-in between 2 hours and 1 hour before the start of your race; your race time and earliest weigh-in time will be sent to you after the close of entries and will also be printed on your registration card.

Warm-Up Machines

There will be warm-up machines available to competitors from 7:30am. These will be located in the Sports Hall opposite the Competition Area.

Competitor Holding Area

15 minutes before the start of your race you will be asked to make your way to the competitor holding area, from here you will be directed to your race machine at the appropriate time

Competitor Coaching

No coaches will be allowed into the Competition Area at any times. The only exception will be if adaptive competitors require assistance. If this is the case you must call 0115 945 5522 or email birc@concept2.co.uk with full details by 12:00pm on Friday 23rd March

Medal Ceremonies

At the end of your race you will be asked to stay by your machine until the medallists for each category have been identified. They will then be collected from their race machine and directed to the medal ceremony.

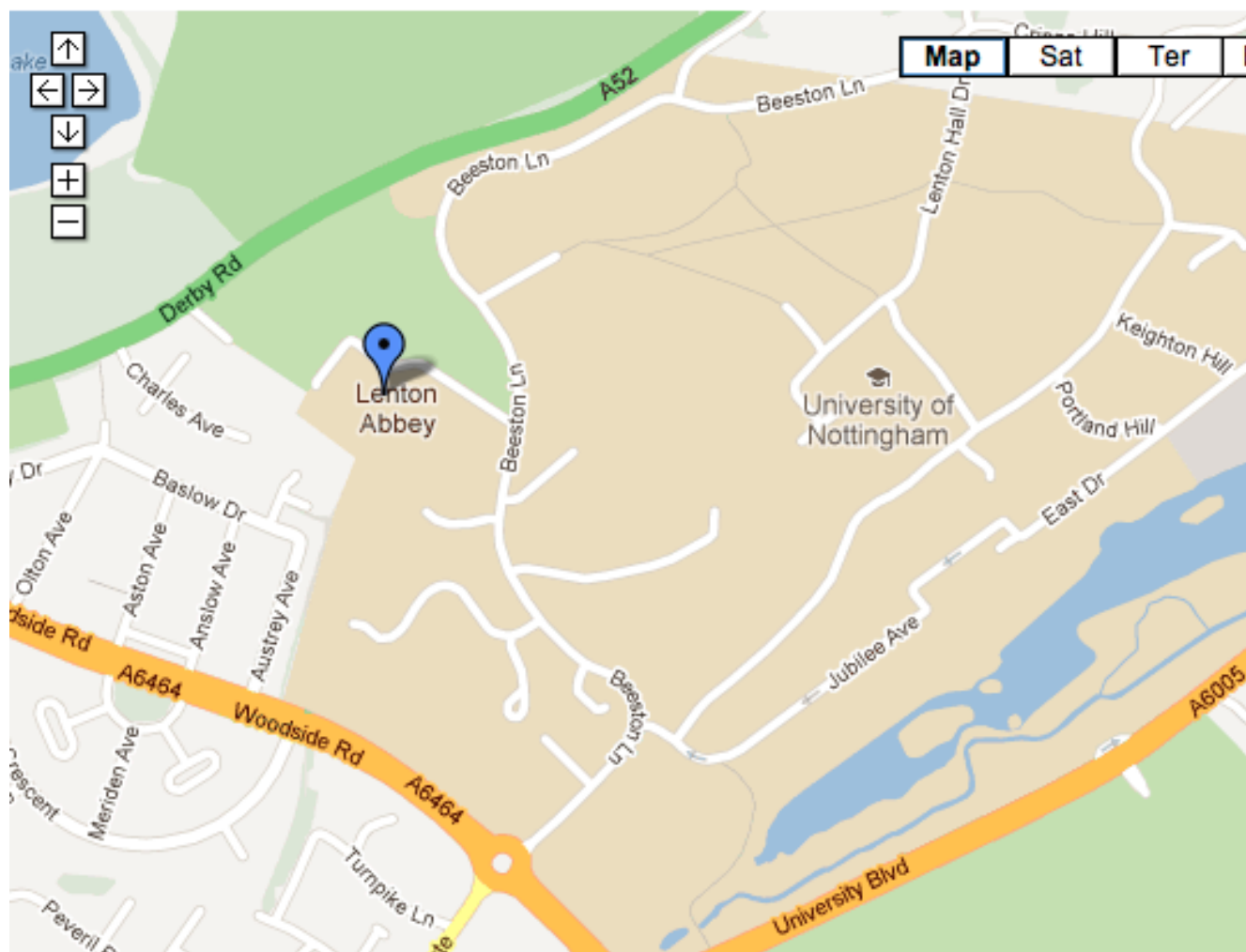
The commentators will announce when you are free to leave the race arena. The medallists will be given a medallists T-shirt and certificate.

Medallists will be expected to wear the T-shirt for the medal ceremony. If there is more than one heat in an event then the medal presentation will take place after the last race of that event. If you think you have posted a fast enough time from the early heats please be at the front of the arena for the medal presentation at the end of the last race in your event.

Travel & Accommodation

Getting There

The Nottingham University Sport Centre is located on the University Park campus on University Boulevard (centre of the map below - use post code NG7 2QL for sat navs):



Directions

Leave the motorway at Junction 25 to join the A52 to Nottingham. Follow the A52 for approximately 4 miles, at the Toby Carvery roundabout turn right onto the A6464, turn left at the next roundabout to enter the University's West Entrance.

Parking

There are several car parks on the campus, please see the enclosed Campus map for full details.

Please note: some of the parking spaces are 15-20 minute walk from the Sports Centre please allow plenty of time (we recommend 1½ hours) before your race time to allow for parking, registering, warming up etc.

Parking Fees: Although the car parks are marked as Pay & Display on the map the charges will not apply on Sunday 25th March, however normal parking restrictions will apply so please park within marked bays and avoid yellow lines - clamping will be in operation.

- Academic schools and departments (A-Z)**
- Architecture and Built Environment
 - Biology
 - Biomedical Sciences
 - Chemical and Environmental Engineering
 - Chemistry
 - Civil Engineering
 - Clinical Sciences
 - Community Health Sciences
 - Cultures, Languages and Area Studies
 - Economics
 - Electrical and Electronic Engineering
 - English Studies
 - Geography
 - History
 - Humanities
 - Law
 - Mathematical Sciences
 - Mechanical, Materials and Manufacturing Engineering (M3)
 - Molecular Medical Sciences
 - MRC Institute of Hearing Research
 - Music

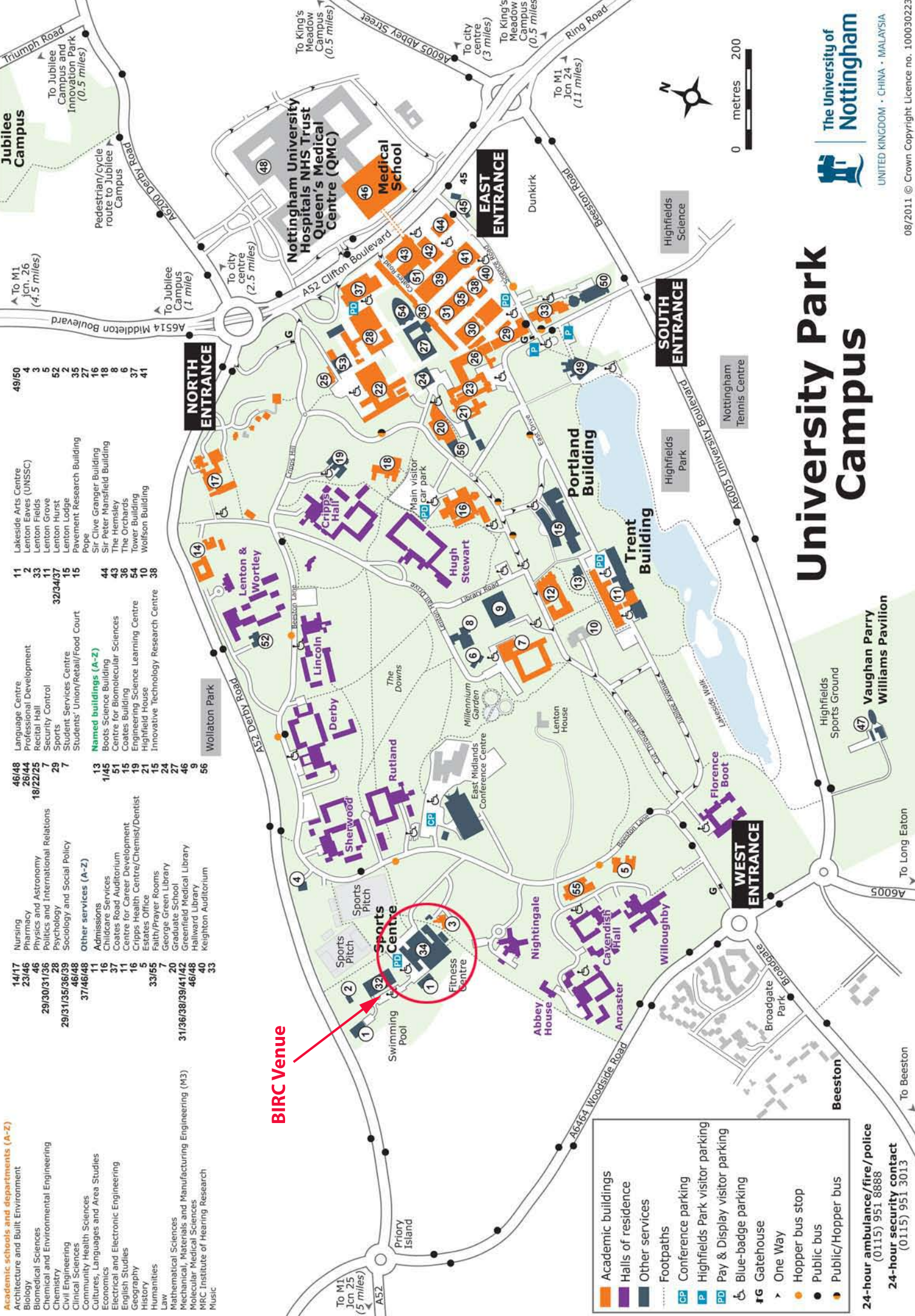
- 14/17 Nursing
- 23/46 Pharmacy
- 46 Physics and Astronomy
- 29/30/31/36 Politics and International Relations
- 28 Psychology
- 29/31/35/36/39 Sociology and Social Policy
- 46/48 Community Health Sciences
- 37/46/48 Other services (A-Z)
- 11 Admissions
- 16 Childcare Services
- 11 Coates Road Auditorium
- 37 Centre for Career Development
- 16 Cripps Health Centre/Chemist/Dentist
- 5 Estates Office
- 33/55 Faith/Prayer Rooms
- 7 George Green Library
- 20 Graduate School
- 31/36/38/39/41/42 Greenfield Medical Library
- 46/48 Hallward Library
- 40 Keighton Auditorium
- 33

- 46/48 Language Centre
- 26/44 Professional Development
- 18/22/25 Recital Hall
- 7 Security Control
- 29 Sports
- 7 Student Services Centre
- Students' Union/Retail/Food Court
- 11 Lakeside Arts Centre
- 4 Lenton Eaves (UNSSC)
- 3 Lenton Fields
- 5 Lenton Grove
- 52 Lenton Hurst
- 35 Lenton Lodge
- 27 Pavement Research Building
- 35 Pope
- 16 Sir Clive Granger Building
- 18 Sir Peter Mansfield Building
- 8 The Ormsley
- 6 The Orchard
- 37 Tower Building
- 41 Wolfson Building

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- 11 Lenton & Wortley
- 13 Lincoln
- 14 Derby
- 15 Rutland
- 16 Sherwood
- 17 Sports Centre
- 18 Sports Pitch
- 19 Swimming Pool
- 20 Fitness Centre
- 21 Nightingale
- 22 Cavendish Hall
- 23 Willoughby
- 24 Ancaster
- 25 Abbey House
- 26 Nighthingale
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BIRC Venue



University Park Campus



UNITED KINGDOM • CHINA • MALAYSIA

24-hour ambulance/fire/police
(0115) 951 8888
24-hour security contact
(0115) 951 3013